Christian Educational Services October 2004 Tape/CD of the Month Trust: The Foundation of All Godly Relationship

Reflection Questions

- 1. Are you generally a trusting or a distrusting person? How can you become more balanced by understanding the four ingredients of trust mentioned in this teaching?
- 2. Think of someone in your life whom you have had trouble trusting. Can you now identify what was missing that made it hard to trust them?

3. Now choose someone whom you haven't trusted but really could have, based on what you now know about "character, competency, consistency, and cohesion"?

4. Is there someone that you perceive doesn't trust you as you think they could and should? How could you build the trust factor in that relationship by asking them which categories of trust need to be shored up?

5. How can you apply this teaching to trust God more, and to have God trust you more?