

LIVE OUT LOUD!

Teens & Twenties Weekend Give Out Loud!

Thursday, December 30, 11:30 a.m. to Sunday, January 2, 10:00 a.m.



Sherman Lake YMCA Outdoor Center
6225 North 39th St
Augusta, MI 49012
269-731-3000



Extremely important travel information!

Open to the first 200 people!!!

- ◆ Early Registration (through Dec. 10): \$140
Additional Siblings: \$125
- ◆ Registration (after Dec. 10): \$155/\$140 for additional siblings
- ◆ Registration includes meals/lodging/t-shirt
- ◆ Event will be chaperoned by college aged youth and adults
- ◆ If you have any questions or need to arrange to be picked up from the airport or bus station, please contact Kathy Lunardini at virtuousreality4@aol.com

If you are not driving directly to the camp your transportation **MUST** arrive at either Kalamazoo or Grand Rapids (Lansing if it is absolutely necessary). All flights/buses etc **must** arrive between: 7 a.m. to 8 p.m. and they **must** leave between: 10 a.m. and 5 p.m. If you cannot arrange an arrival or departure during these times you will be responsible for getting to and from the camp.

Please make sure you understand how and when to arrive before making any travel plans. If you are uncertain contact the Home Office toll free at 888-255-6189, M-F 8:30 to 5.

Name/Age/T-shirt size of attendees: _____ (LOL)

Mailing Address: _____

Home: _____ Work: _____ Cell: _____

Fax: _____ E-mail: _____

Number of persons attending: _____ Total Cost: _____

Visa/Master/Discover/AMEX : _____ Exp. Date: _____

Register Online!

Please make checks payable to Christian Educational Services and mail this form to:
CES, 2144 East 52nd Street, Indianapolis, IN 46205,
or call us toll free 888-255-6189 M-F 8:30 to 5, or fax to 317-255-6249.
You may also register online at www.CESonline.org.

Register Online!

Thank you and God bless you!

Sherman Lake YMCA Outdoor Center: Activities Release Form

Name: _____ Phone Number: _____

Address: _____

If under the age of 18, parent's/guardian's name: _____

PLEASE READ: This form is intended to remind participants of the seriousness of attempting adventure activities with an old, preexisting injury, a heart condition or other condition which may be aggravated by the event.

QUESTIONS:

RESPONSE

- | | | |
|--|-----|----------|
| 1. Any preexisting injuries (ankles, knees, back, neck, etc) which may be aggravated by participating? | YES | NO |
| 2. Are you currently taking any medications? | YES | NO |
| 3. Any heart condition or heart medications? | YES | NO |
| 4. Do you have high blood pressure? | YES | NO |
| 5. Do you have any allergies (food, bees, insects) or reactions to any medications? | YES | NO |
| 6. Do you have any physical limitations? | YES | NO |
| 7. Current level of activity at home? | Low | Med High |

If you answered YES to any of these questions, please discuss them with your leader.

RELEASE OF LIABILITY AND AUTHORIZATION FOR TREATMENT:

I hereby grant permission for me or my child to participate in the Wall, Rafters, Tower, Spaghetti Course, Courage Course or any other activity at the Sherman Lake YMCA Outdoor Center. Any health concerns or considerations that I have are listed above. I hereby give permission to the medical personnel selected by camp staff to order x-rays, routine tests, treatment and necessary transportation for my child or me. In the event I cannot be reached in an emergency, I hereby give my permission to the physician selected by camp staff to secure and administer treatment, including hospitalization. In consideration for being allowed to participate in the YMCA's programs, I agree to assume the risk of such activities and program, and I further agree to hold harmless the YMCA and its staff members conducting the activities from any and all claims, suits, losses or related causes of action for damages, including but not limited to such claims that may result from injury or death, accident or otherwise during or arising in any way from the activities. The YMCA is not responsible for lost, stolen, or damaged personal articles. I also authorize the YMCA to have and use photographs, slides, or videotapes of me, my child or family as may be needed for public relations programs. I acknowledge that this General Release of Liability of the YMCA is binding on me personally and on my heirs, personal representatives, successors, and assigns.

Signature of Participant:

Date:

Adult, parent or guardian of a participant under the age of 18 years:

Date:

In case of emergency, contact:

Phone No:

Sherman Lake YMCA Outdoor Center Overnight Retreat Guests

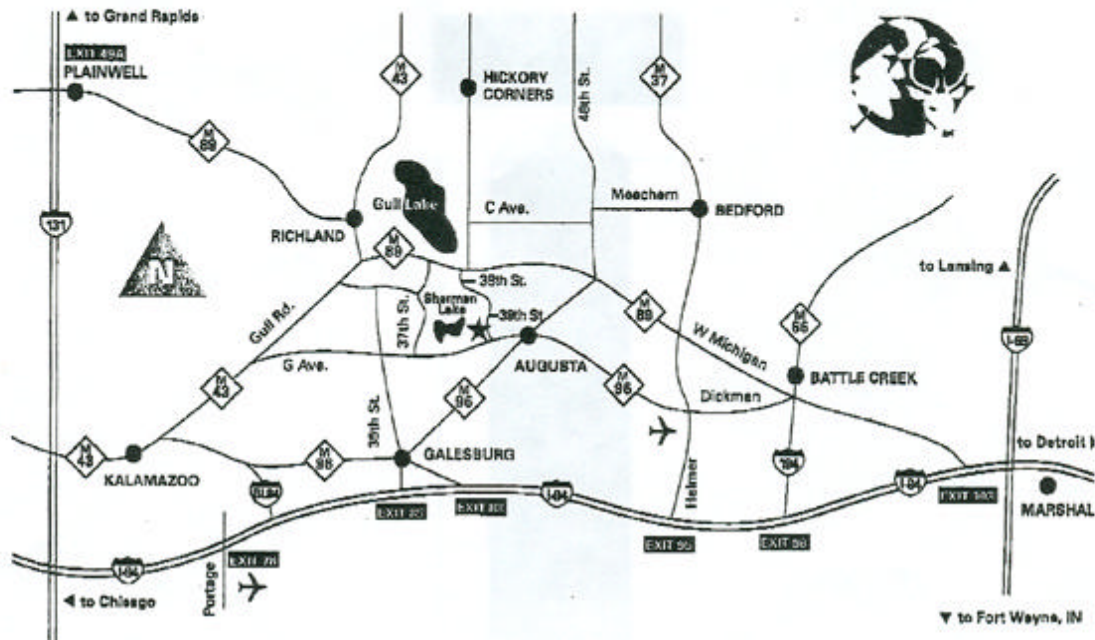
What to Bring:

Bible
notebook, pens
swimsuit-modest
winter coat
hat
gloves
boots
casual clothes
toiletries
sleeping bag/linens
pillow
flashlight
towels
wash clothes
snacks
camera
sled
ice skates

****PLEASE DO NOT BRING****

Please do not bring to camp any tobacco products, alcoholic beverages of any kind, illegal drugs, knives, guns, pets or fireworks. The Sherman Lake YMCA Outdoor Center is a smoke free and alcohol free environment.

Sherman Lake YMCA Outdoor Center



Close, yet far away...

From Kalamazoo: East on M-43 (Gull Road) to G Avenue, East (right) to 39th Street, North (left) to camp.

From Detroit: Westbound on I-94 to Exit 85 (35th Street), North (right) to G Avenue, East (right) on G Avenue to 39th Street, North (left) on 39th Street to camp.

From Chicago: Eastbound on I-94 to Exit 85 (35th Street), North (left) to G Avenue, East (right) on G Avenue to 39th Street, North (left) on 39th Street to camp.

From Battle Creek: Travel West on M-89 (West Michigan Ave) toward Kalamazoo to 38th Street, South (left) on 38th Street 1.5 miles to camp.

From Grand Rapids (via US-131): South on US-131 to Exit 49A (Plainwell)/M-89. East on M-89 to junction M-89/M-43 (12 miles). Right on M-89/M-43 to Richland (1 mile). At traffic light, turn East (left) on M-89 to 38th Street South (right) 1.5 miles to camp.

From Grand Rapids (via M-37): South on M-37 to M-89 (West Michigan Ave), West (right) to 38th Street, South (left) to camp.

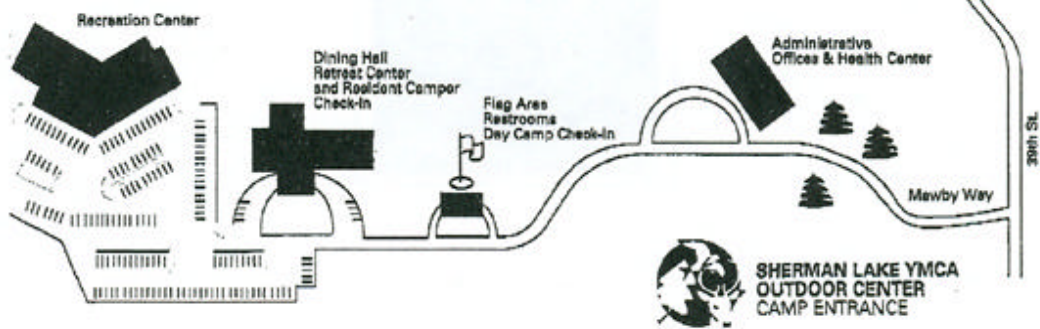
From Lansing (via I-69): South on I-69 to I-94, West on I-94 to Exit 85 (35th Street), North (right) to G Avenue, East (right) on G Avenue to 39th Street, North (left) on 39th Street to camp.

Sherman Lake YMCA Outdoor Center • 6225 North 39th Street • Augustus, MI 49012 • (616) 781-3000

HONESTY · CARING · RESPECT · RESPONSIBILITY



Detail Map and Camp Entrance





2144 E 52nd St • Indianapolis, IN 46205 • 317-255-6189 • Fax 317-255-6249 • E-mail CES@CESonline.org

Spirit & Truth Code of Conduct

- I will love God with all my heart, soul mind and strength, seeking to make the most of the talents and abilities He has given me. I will acknowledge that what He has given me is His gift to me; what I do with it is my gift to Him. I will seek His Word for guidance as to His will for my life, and consider worshipping and obeying Him my first priority. I will shun all idols, or false “gods” that would appear to be able to supply my needs if I were to compromise my commitment to the One True God and my Lord Jesus Christ.
- I will love my neighbor as myself, considering the effect of my words and my actions on my neighbor’s well being. I will acknowledge that my “neighbor” is the one near me, at various times geographical, familial or preferential. I will avoid the human tendency to stereotype and be prejudiced toward others of different faiths, races, nationalities, genders, etc. and relate to individuals on the basis of their own words and deeds. I will follow God’s example, loving every individual and seeking to save them and bring them to a knowledge of the truth.
- I will not gossip about others (passing on destructive rumors) but will lovingly speak the truth as I have personally experienced it, with a goal of edifying others. I will speak words that minister grace and a good reputation for others to live up to. I will not be party to character assassination or the judgment of another’s heart without direct experience of the person. If I believe that I have been trespassed against I will follow the pattern of Matthew 18:15-17, and go to them first before discussing the offense with others (pastoral counseling excepted).
- I will maintain holiness in my sexual life, whether in or out of marriage, acknowledging that sexuality is profoundly spiritual and will strengthen the bonds of either matrimony or iniquity. I will shun pornography and all illicit sexual activities as demeaning of God’s design for marital sexuality which testifies to His goodness and love for mankind.
- I will acknowledge the spiritual battle raging between God and the Devil, and never knowingly give the latter an opportunity to lure me to sin against God, self or neighbor. I will stand against his wiles with the written Word of God, and seek every opportunity to free others who are held captive by him at his will.
- I will recognize the authority of God and the Lord Jesus Christ and submit to all godly authority derived from them to the limits of my conscience as it is educated by the Word of God. I will renounce rebellion and self-will and seek to serve and not to rule or be a master over others. I will choose behaviors that will encourage godliness, peace and reconciliation. I will live in such a way that if everyone followed my example there would be peace and good will among men.
- I will be a giver and not a taker. I will not covet or steal that which belongs to another, but will work with my own hands that I may have to give to others. I will make every effort to return lost items to their rightful owner, and seek to be a lender more than a borrower. Anything I do borrow I will

return in better shape than I found it, or replace it. I will not be a slave to the acquisition and preservation of money, but will see it as a means to bless and provide for those I love. I will shun addictive and dependent behaviors that would enslave me and render me self-centered and unproductive, especially those associated with destructive chemical substances.

- I will not seek vengeance against those who wrong me, but will forgive them and seek reconciliation according to the principles of God's Word. I will reject small-minded and petty attitudes that demand of others what I am unwilling to give. I will acknowledge the evils of misjudgment and recognize that what I detest in others lives in me as well. I will acknowledge that identifying the root of sin in my own life is a more compelling project than presuming to correct others without first correcting myself.
- I will actively work to manifest the fruit of the spirit (Galatians 5:22,23) as the basic godly attitudes and character traits that ought to govern my life, and give particular attention to those traits that are most difficult for me to evidence. I will not follow my "nature" into sin, making excuses and rationalizing my inappropriate behavior, but will live by the power of the spirit to obey the Word of God.
- I will do good to all men, seeking opportunities to be of service and show the love of God that dwells in me. But I will be especially good to my fellow Christians, recognizing that they are God's people whom He has graced as my equals. I will do my personal best to be united with them against our common foe, in accordance with the common standard of God's Word and the one spirit that empowers us all.